

Physiotherapy at home - efficient, pleasant and convenient

In most cases, the knee and hip joints' recovery is very difficult to achieve.





The struggle of reaching the clinic

The every day need to reach a recovery clinic is a major setback. Adding crutches after a surgery or injury on top of the pain felt during every step, will turn a couple of hundred meters into a real challenge.



Lost time and high costs

In order to reach the recovery clinic, you will need help from others. Your family and friends won't always be able to help. In time, the cost of the r ecovery sessions and transportation will add up, along with the time spent in traffic jams and this an force you to stop your recovery early.

re.flex solves all of these problems and give you a chance at a premium recovery, from the comfort of your home. It's an active system that allows you to progress at your own pace, under the guidance of an experienced physiotherapist.

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The system is designed for the following cases:



You're following a recovery protocol

If you've had your knee or hip diagnosed and the doctor recommended physical therapy, you can use re.flex for operated or non-operated interventions.



The distance and traffic are an issue

If for various reasons you can't reach a recovery clinic, like no more free days, losing too much time spent on the way, the recovery costs are too high or you just want to do more recovery than what is done in the clinic, re.flex comes to your aid with everything you need to overcome this obstacle and reach your objectives.



You want to take advantage of the technology's benefits

This modern technology allows the physiotherapist to work together with your doctor, in order for you to have a complete recovery and full access to activity and progress reports.

The patients that chose re.flex have reported:

+31%

-2.5 hours*

-50%

-90%

More recovery sessions

Won per workout

Recovery cost

Transportation cost



HOW IT WORKS



2.



Interview with a physiotherapist

Everything begins with a talk with an experienced physiotherapist, who will analyze your diagnostic and decide upon the recovery protocol you will have to follow.

A mobile application

The re.flex system consists of 2 motion-tracking sensors, connected to a mobile phone or tablet application, with 2 available modules: one for the patients and one for the therapists.

Two motion-tracking sensors

The sensors are attached to the injured leg with the help of elastic bands and monitor in 3D the leg's movement. In the app you'll find the exercises that you have to do, according to your recovery protocol.





5.



Real time exercises

While you're doing the movements, you will get audio and visual notifications during each repetition, so you know if the execution was correct. If you have questions or seek advice, there is a messaging section where you can chat with your physiotherapist.

Remote monitoring

Your entire recovery is being recorded and supervised by the physiotherapist, who has access to a series of activity and progress reports. The therapist will use the data collected by the sensors to adjust the protocol, depending on your progress and objectives.

A full report for your doctor

Your doctor will have a detailed report of your recovery and together with the therapist's notes he will be able to objectively assess your pogress during the follow up sessions.

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Rent it with 300€/per month

The possibility to extend the program to your needs.



Frequently asked questions:

Is there a recovery program tailored for my diagnostic?

re.flex has a large variety of protocols that covers most of the knee and hip interventions, even if they require surgery or not. The protocols respect the international standards and have been developed along with some of the most important hospitals and universities throughout Europe.

Do I need a phone or tablet?

In order to be able to use the system, you will need an iPhone or an iPad tablet, using iOS 12 or newer. If you don't have one, no problem. Just let us know and you will receive a device, without any extra costs.

How do I place an order?

Your local healthcare advisor will write down your personal data and will place an order. The device will arrive via courier straight at your door.

How can I pay?

Payment can be done through bank transfer or cash payment on the spot.

When will I return the product?

After the subscription period ends, a courier will be sent to pick up the device.

Have an easier recovery!

Book your spot in the re.flex program now!

For more details, contact your local healthcare advisor:

Contact person:	 		
Phone number: _			

Awards won:







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